

# LEADER FEEDBACK SHEET FOR MENTOR'S BREAKOUTS (Apprentices Observe)

*Please allow the Mentor to offer her/his own reflections of all the points below before getting feedback from observers.*

*Briefly jot down what the Mentor says.*

*Please give this sheet to Mentor after the breakout.*

\* \* \* \* \*

**1. CONGRATULATIONS! - You did it!! It's YOU!!**

**2. What do you feel good about?**

*Continue with the remainder in whatever order seems to work for this person and this session. You do not need to cover all of them and you do not need to cover them one at a time nor read them all aloud. Just use these as a guide for conversation.*

*Please begin by saying that this is a guide for reflection, observation and insight and that their responses are not about being "right or wrong".*

**3. Safety/positive emphasis:** Were people volunteering, taking risks? What level of personal risk did the activities call for? Was the safe space challenged by events inside or outside the group? What did the facilitator do to help the session be deep? Did the leader start and stop on time? What words, tone, and body language communicated acceptance and enjoyment?

**4. Flow:** Did the session flow well from beginning to end? Were there transitions and how were they handled? Was there a clear opening? Was there a clear closing? Did s (he) "go with the flow?" How did the facilitator respond to things that presented themselves spontaneously during the session? What was the balance between "making things happen" (by being directive) and "letting things happen" (by being receptive)?

**Response to Chaos...** Were there any "train wrecks?" How did the facilitator respond to them? Was s(he) comfortable with the periods of chaotic energy during the session?

-OVER-

- 5. Content:** Which MfP techniques/concepts were used: (*Explain that it is not better or worse if they used more or less of these*) Which were introduced by the facilitator; which arose spontaneously? Were any identified by name during the session? - What was the balance between whole group, small group, and solo activities and between Yea! and Oooh Energy activities? **Platform Skills...** use eye contact, breathing, gestures, personal physical location the room, “conducting” of the group to start and stop or divide the group “on the fly?”
- 6. Talk:** How much talking was done by the facilitator or by the participants? What was the balance between talking and doing? What happened to the group's energy during any talking? Did the facilitator use words clearly and sparingly? **Authenticity...**did the leader feel "real" while leading... include activities that s(he)enjoys? ... strike a balance between monopolizing the session and being too remote?
- 7. Growth:** What did the facilitator learn from this experience? Would s(he) s do differently? What worked well? What did not work so well? What challenges did the facilitator face? How did s(he) meet those challenges? Based on this experience, what are the “next steps” his/her path?